



Dharma Warrior

Registration Form

Dharma Warrior
c/o Jared Russell
Website: DharmaWarrior.net
Email: therealdharmawarrior@gmail.com

EVENT: KUNDALINI YOGA AS TAUGHT BY THE ANCIENT YOGIS

Location	Live Via Zoom		
Date	Sunday, May 30, 2021 12PM Atlantic Time (AST/GMT-300)		
Cost	This one's on me!		
First Name + Last Name			
E-mail Address			
Phone Number			
Do you have any injuries or conditions that may affect your yoga practice?			
Emergency Contact Name:		Telephone:	

Would you like to receive Dharma Warrior's Newsletter via email?
 Yes, I consent. No, I do not consent.

Waiver of Liability

I am aware that the yoga session will involve approximately 60 minutes of low impact activity, which will place a degree of stress to my muscular and cardiovascular systems. I understand that I am cautioned not to overwork my body and to do only the movements I am physically capable of executing. **Jared Russell is training to become a Certified Yoga Teacher** who can only provide guidance under the Scope of Ability in this specialization. **I understand that I am solely responsible for supervising and guarding the health and safety of myself.** I hereby release and waive for myself, my heirs, any and all rights to claims from damages arising from any illness, injury occurrence or aggravation to myself as a result of participation.

Signature

Date